

DAIRY-FREE MENU



BREAKFAST

Served 7.30am to 11.30am



FULL ENGLISH

Dry-cured bacon, best Norfolk sausage, fried free-range egg, grilled tomato, flat mushroom, sautéed potatoes, herby baked beans, toast
£10.95

SALMON AND EGGS

Best smoked salmon and scrambled eggs on sourdough toast
£8.50

EGGS BENEDICT

Toasted English muffin, two poached free-range eggs with Norfolk ham, smoked salmon or spinach, mayonnaise
£10.95

VEGETARIAN FRY-UP

Flat mushroom, grilled tomato, sautéed potatoes, fried free-range eggs, herby baked beans, spinach, toast
£9.95

TOMATO SCONES

Two mini sun-blush tomato, rosemary and olive scones, served with tomato chutney
£4.50

SOUP & TRADITIONAL SANDWICHES

Noon to 4pm

SEASONAL SOUP

The day's vegetable soup served with a warm granary roll
£6.95

PRAWN COCKTAIL

Dressed prawn and crayfish cocktail, lemon
£8.95

CORONATION CHICKEN

An Assembly House favourite since the 1960s!
£8.95

NORFOLK HAM

Roast local ham and Colman's Mustard mayonnaise
£7.95

All served on white or granary bloomer bread and with herby homemade slaw
ADD HAND-CUT CHUNKY HOUSE CHIPS £3.50

LIGHT LUNCH & PLATTERS

Served noon to 4pm

EGGS BENEDICT

Toasted English muffin, two poached eggs with either Norfolk ham, smoked salmon or wilted spinach, mayonnaise
£10.95

CROMER CRAB

Dressed Cromer crab, granary bread, pickled cucumber, lemon, new potato tartare
£14.50

CLASSIC CAESAR SALAD

Crisp baby gem, anchovies, Caesar dressing, croutons
£10.50
Add grilled chicken breast and streaky dry-cured bacon
£14.50

SEAFOOD PLATTER

Smoked mackerel, dressed prawns and crayfish, smoked salmon, rollmop herrings, lemon, granary bread
£15.00

LUNCH

Served noon to 2pm

FISH AND CHIPS

Woodforde's Wherry-battered fish of the day, hand-cut chips, mushy peas, lemon, tartare sauce
£15.00

GRILLED FISH

Grilled fish of the day, herby new potatoes, lemon, capers, parsley, extra virgin olive oil, seasonal greens
£16.00

GAMMON AND EGG

Local gammon steak, fries, fried egg, piccalilli
£15.00

STEAK AND CHIPS

Chargrilled 6oz minute steak (served medium rare) fries, green salad, tomato chutney
£17.00

SPINACH GNOCCHI

Homemade spinach and potato gnocchi, rocket, olives, hazelnuts, red pepper fondue V
£14.00

BUTTERNUT SQUASH

Roasted butternut squash, saffron, pine nut and sultana couscous, garlic and basil pesto VG
£14.00

DESSERT, ICE CREAM AND CAKE!

Served noon to 4pm

KNICKERBOCKER GLORY

Our famous sundae made with sorbets, fruits and dairy-free chocolate sauce, served since the 1960s at The Assembly House
£7.50

CHOCOLATE BROWNIE

Dairy-free chocolate brownie, raspberry sorbet and hot chocolate sauce
£6.95

TEA-TIME TREATS

A selection of three dairy-free afternoon tea treats
£4.95

SCONES

Two mini fruit scones served with Norfolk strawberry jam and dairy-free spread
£4.25



Separate children's, gluten-free and vegan menus are available - please ask your server.

All our dishes are cooked fresh to order. Our food is prepared in an environment where nuts and shellfish are present. If you have any allergen enquiries please ask a member of our team. Prices are inclusive of VAT. A discretionary 10 per cent service charge will be added to your bill, 100 per cent of which is distributed between Assembly House staff.